

Salt Dough



Notes

This is a very simple recipe that children will be able to help with or even make independently.

You will need:

1 cup of plain flour

1/2 cup of salt

1/2 cup of water

Mix the ingredients in a bowl until you have created a dough.

Once the dough is made, let your children create shapes and models that can then be baked in the oven to preserve (bake for approx 4 hours on a baking tray on your oven's lowest setting).

Once the creations are baked you can then enjoy painting whatever you have made. This can be a particularly good activity for making decorations to hang from trees (just make a hole with a pencil before you bake and then tie with string when complete).

Flags

Birth to 3

Preschool

Birth to 3

Preschool

Reception

Physical Development

Cognition