

Body Awareness Songs



Notes

Body awareness songs are a really good way for young children, or those with learning differences to become more aware of the parts of their body. There are some very famous ones that you will know, and some that you may not have heard. Try following these links to learn the different songs:

Heads, Shoulders, Knees and Toes:

<https://www.youtube.com/watch?v=fvEtwhui1k0>

If You're Happy and You Know It:

<https://www.youtube.com/watch?v=FSdb5wrDHnU>

Tony Chestnut:

<https://www.youtube.com/watch?v=e1aYOPINZxE>

Hokey Cokey:

<https://www.youtube.com/watch?v=ufndD8lq95E>

Scrub A Dub Dub:

<https://www.youtube.com/watch?v=cwbMpw4eCVs>

Open Shut Them:

<https://www.youtube.com/watch?v=lsuqa9U3wik>

Flags

Birth to 3

Birth to 3

Birth to 3

Physical Development

Personal, Social and Emotional Development