

Taste-Safe Slime



Notes

This is a recipe from the brilliant MotherCould page on Instagram (<https://www.instagram.com/mothercould/>)

Many children love to explore and play with slime, but there is often an issue with the slime that you buy in shops being unsafe to taste. Particularly if your child is very young or at the early stages of development, it is completely natural that they might want to explore the slime with their mouth, so this recipe is ideal. It is advisable to still discourage/distract your child from mouthing the slime too much even though it is safe to taste. It is always a good idea to model appropriate play yourself.

Here's the recipe:

👉YOU'LL NEED:

- 1/4 cup chia seeds
- 1 3/4 cup water
- Food colouring
- 3-4 cups corn flour

👉INSTRUCTIONS:

- 1 Mix the chia seeds, water and food colouring together.
- 2 Cover and refrigerate overnight.
- 3 Uncover and add the corn flour a little at a time (bout a cup at a time). Mix and then continue until you achieve the desired consistency. It should be like regular slime - slimy but can be easily taken off the hands.
- 4 Cover and store in the refrigerator. You will need to add a little water each time you take it out to use it. It will reactive the slime.

Flags

Birth to 3

Birth to 3

Birth to 3

Physical Development

Cognition