



Taste test?

What you will need:

- 🐞 Print check list sheet
- 🐞 Buy: fresh apple, grapes, banana, mango. Dry: apple & banana crisps, raisins and dries mango.

Instructions:

- 🐞 Get your child to explore all their senses as they touch, cut, look, smell and taste all the fruits.
- 🐞 Ask the child to colour in the happy face if they liked it and the sad face if they did not.
- 🐞 Talk about where the fruits grow, what colours they are halves and quarters as they help cut up the fresh fruit.

Development:

This will help them develop their maths skills, opinions, healthy eating, communications and fine motor skills.

Fresh and Dried Fruit Taste Test

Fruit	Like	Dislike
		
		
		
		
		
		
		
		