

## **Ingredients**

- 2 carrots
- 2 parsnips
- 1 onion
- 1 pint of water
- 2 vegetable stock cubes

## Equipment

Knife

Chopping board

Saucepan

Measuring jug

Blender (optional)

## Method

- 1. Cut off the top and bottom of the carrots, parsnips and onion.
- 2. Scrub the root vegetables and peel the onion.
- 3. Cut all the vegetables into cubes.
- 4. Put the vegetables into a saucepan with the water and stock cubes.
- 5. Bring to the boil and simmer until the vegetables are tender.
- 6. Either serve when sufficiently cooled or, for a smoother soup, blend the mixture then serve.

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